

Jo Ann Carson papers, 1955-2015

Collection Overview

Title: Jo Ann Carson papers, 1955-2015

Dates: 1955-2015

Extent: 4 linear feet

Creator/Collector: Jo Ann Carson

Source of Acquisition: Dr. Jo Ann Carson donated this collection in August of 2019.

Repository: UT Southwestern Archives and Special Collections
Health Sciences Digital Library and Learning Center
UT Southwestern Medical Center
5323 Harry Hines Blvd., Dallas, TX 75390

Rights and Access

Access Restrictions: The Jo Ann Carson papers are open and available for research use.

Publication Rights: Copyright for official university records is held by UT Southwestern Medical Center; all other copyright is retained by the authors of items in these records, or their descendants as stipulated by United States copyright law.

Preferred Citation: Jo Ann Carson papers, UT Southwestern Archives & Special Collections, Dallas, TX

Arrangement: This collection is currently unprocessed.

Biographical/Historical: Dr. Jo Ann Carson received a B.S. in Home Economics in 1972, an M.S. in Nutrition from the University of Wisconsin in 1974, and a Ph.D. in Nutritional Sciences from the University of Texas at Austin in 2000. She began her career at UT Southwestern in 1974 as an Instructor in the Department of Nutrition and Dietetics (now the Department of Clinical Nutrition) in the School of Health Professions. She served as Chair of the department from 1985-1986. She served on committees for the Texas Division of the American Cancer Society, the American Heart Association, and the Academy of Nutrition and Dietetics. She received the School of Health Professions Distinguished Teacher Award in 2010 and the American Dietetic Association's Excellence in Nutrition Education of Health Professionals award in 2009. She retired from UT Southwestern Medical Center in 2019.

Scope and Contents: The Jo Ann Carson papers consist of records and materials generated during her professional life in the School of Health Professions and the Medical School at UT Southwestern. Highlights include documents, reports, ephemera, presentations, and publications related to Carson's Smart Shopper tours, a grant project that provided supermarket tours for families receiving federally funded food assistance so they could make healthier and more economical food choices. There are course lecture notes and minutes from the different committees Carson served on as a member of the Texas Division of the American Cancer Society. There are publications that feature Carson's work as well as a book she edited titled *Cardiovascular Nutrition: Disease Management and Prevention*.

There are programs from the Allied Health Research Forum and the Seminar for Dieticians (dated from 1955), which served as a shortened course originally offered by the Medical School. Also included are ephemera from the School of Allied Health Professions' 25th anniversary and photos of faculty and staff in the Clinical Nutrition Department. There are agendas and minutes from faculty retreats and meetings of the Clinical Nutrition Department.

There is a small amount of materials that display student life in the School of Health Professions. There are class photos of students from the Nutrition and Dietetics program dating from 1976-2011, a scrapbook of student events (circa 1976), and cookbooks created by students. There are records and minutes from the Student Dietetic Association at UT Southwestern (1977-1984) and programs from the initiation of students into the Alpha Eta Society, the national honor society for allied health students.